



CHRIST THE SAVIOUR ORTHODOX CHRISTIAN CHURCH

Orthodox Church in America • Diocese of Eastern Pennsylvania

5501 Old Locust Lane, Harrisburg, PA 17109

WWW.CTSHBG.ORG • office “at” ctshbg.org

ARCHBISHOP MARK (Maymon)

V. Rev. Stephen Vernak, *Pastor*

Rt. Rev. Daniel Kovalak, *Attached*

Dn. John Shingara, *Attached*

Rdr. James Kushlan, *Choir Director (interim)*

Dr. David Pawlush, *Parish Council President*

John Dotsey, *Treasurer*

OUR “WHY” - To experience and share Christ's love so that everyone we encounter finds healing, purpose, and eternal life.



And let us consider one another in order
to stir up love and good works. *Hebrews 10:24*



SUNDAY MARCH 17, 2024

SUNDAY OF CHEESEFARE — TONE 8. The Expulsion of Adam and Eve from Paradise. St. Patrick, Bishop of Armagh, Enlightener of Ireland. Ven. Aleksy the Man of God. Ven. Macarius the Wonderworker, Abbot of Kalyázinsk. Martyr Marinus.

Schedule: *Hours – 9:10am; Divine Liturgy – 9:30am; Forgiveness Vespers;* Fellowship; Nut Roll & Parish Directory Updates DUE!

NOTE: No Church School,

3rd Hour: **Ken Snyder** • 6th Hour: **Mary White**

Epistle: **Rdr. Leo Leer** • Post-Communion: **Rdr. Matthew Lubecki**

WELCOME TO OUR VISITORS!

Interested in learning more?

Contact our pastor, **Fr. Stephen Vernak**

Email: pastor “at” ctshbg.org

or: www.ctshbg.org/visitors



HYMNS & READINGS

Troparion of the Resurrection, Tone VIII — Thou didst descend from on high, O Merciful One! / Thou didst accept the three day burial / to free us from our sufferings! // O Lord, our Life and Resurrection, glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Kontakion of the Sunday of Adam's Expulsion from Paradise, Tone VI — O Master, Teacher of wisdom, / Bestower of virtue, / Who teach the thoughtless and protect the poor, / strengthen and enlighten my heart! / O Word of the Father, / let me not restrain my mouth from crying to Thee: // "Have mercy on me, a transgressor, O merciful One!"



PROKEIMENON – Tone VIII: Pray and make your vows / before the Lord, our God! (*Resurrection*)

V. In Judah God is known; His name is great in Israel.

EPISTLE: (*Romans 13:11-14:4*) *Brethren:* knowing the time, that now it is high time to awake out of sleep; for now our salvation is nearer than when we first believed. ¹²The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light. ¹³Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. ¹⁴But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts. ¹⁴Receive one who is weak in the faith, but not to disputes over doubtful things. ²For one believes he may eat all things, but he who is weak eats only vegetables. ³Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. ⁴Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

ALLELUIA VERSES: *It is good to give thanks to the Lord, to sing praises to Thy Name, O Most High. • To declare Thy mercy in the morning, and Thy truth by night.*

GOSPEL: *(Matthew 6:14-21) The Lord said: “For if you forgive men their trespasses, your heavenly Father will also forgive you. ¹⁵ But if you do not forgive men their trespasses, neither will your Father forgive your trespasses. ¹⁶ “Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. ¹⁷ But you, when you fast, anoint your head and wash your face, ¹⁸ so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly. ¹⁹ “Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; ²⁰ but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. ²¹ For where your treasure is, there your heart will be also.*

COMMUNION HYMN: Praise the Lord from the heavens, praise Him in the highest! *Alleluia, Alleluia, Alleluia!*



UPCOMING SERVICES & EVENTS

First Week of Great Lent

Mar 18, Mon: Canon of St. Andrew – 6:30pm

Mar 19, Tue: Canon of St. Andrew – 6:30pm

Mar 20, Wed: Bible Study (Zoom) -12pm; Canon of St. Andrew – 6:30pm

Mar 21, Thu: Canon of St. Andrew – 6:30pm

Mar 22, Fri: Pre-Sanctified Liturgy – 6:30pm *w/ Blessing of Koliva; Lenten Pot Luck*

Mar 23, Sat: ST. THEODORE SAT. 1st Confession Class – 4pm; **Pan-Orthodox Vespers** –5pm at St. Constantine & Helen Greek Orthodox Church, Reading, PA;

Mar 24, Sun: TRIUMPH OF ORTHODOXY, FOREFEAST ANNUNCIATION.
Hours – 9:10am; Divine Liturgy – 9:30am; 40th Day Litiya –11:30am;


(Joseph “Moe” Mazurek); Church School & Fellowship; Men’s Club Mtg –7pm

3rd Hour: **Lydia Mantle** • 6th Hour: **Manny Lopez**

Epistle: **Nicholas Zuro** • Post-Communion: **Janice Zuro**

PARISH NEWS

2024 Parish Directory Updates: Are DUE today! Send updates *i.e.* email, address, cell # or photo to office@ctshbg.org. If you are new to the parish, please go to www.CTSHBG.org, Parish Resources tab & then Directory Questionnaire to submit your info.

Great Lent March 18 - May 5 (Pascha): Begins tomorrow, the Church prescribes to abstain from all Meat, Dairy products. **Fish**  is prescribed on Annunciation, March 25 & Palm Sunday, April 28. Increase prayer, service attendance, participate in confession and offer acts of mercy. **Questions? Please see Fr. Stephen**

Thank you for all the cards & calls for Nativity & my recent hospitalization, as well as condolences on the passing of Andrew. *Effie Spaseff.*

Pascha Breads: There are additional Pascha Breads for sale to parishioners only. Quantities are limited, and will be available on a first come, first served basis. If interested, please see Dave Martin or John Dotsey.

Frozen Pirogi: Are available by the dozen at a cost of \$7.00. Please see John Dotsey or Alice Mallick at Fellowship if you wish to buy.

Easter Nut Roll Sale (Parishioner ONLY): Orders are DUE today! Rolls are \$15.00 each. Contact Debbie Hisiro to order. Pick-up - Wed, Mar 27 or Sun, Mar 31.

Nut Roll Baking: Will be on **Tue, March 26th** at 8:30am. Volunteers' are always welcome & on the site training is provided!

Reminder: Cut your pussy willows for our use on Palm Sunday.

Transportation Ministry: The Welcoming & Outreach strategic planning team is looking for volunteers to participate in our transportation ministry - picking up & dropping off people that want to attend Sunday Liturgy, & possibly other Church Services. Call or text **Lydia Mantle** at

First Confession Class: Began on **Sat, March 9th, at 4 pm** in the church basement & will continue on **March 23rd & April 6th**, with the Sacrament of Confession on April 20th. If your child has not received first confession and is at least 8 years old, please contact **Sophia Kellachow** if you are interested in joining the class.

SAVE the DATES:

- **Triumph of Orthodoxy Vespers** - **Sat, March 23 at 5pm** in Reading, PA
- **St. Tikhon Mission Choir** - **Sun, April 7** to sing the Divine Liturgy.
- **St. Jerome Book Club** - **Sun, April 21 at 1pm** Book: "*The Lenten Spring*" by Thomas Hopko.
- **OCCGH Golf Tournament** - **Sat, July 13** at Eagles Crossing Golf Course in Carlisle. See Carl Hisiro and parish email for details.

Fellowship Hour: The Men's Club will host their Annual Lenten Soup Sale starting March 24th. All proceeds will go to various & worthy charities.
Mar 17: Africa, Bupp, Mamay, & Snyder families

PARISH PRAYER LIST

Names will be listed for 2 weeks unless requested.

NEWLY DEPARTED [40TH DAY]: **Kim Fraser** (family friend of Natalie Kennedy) - Mar 14 [4/22]; **Andrew Spaseff** (son of Effie) - Mar 10 [4/18]; **Virginia LiVolsi** (aunt of Christopher Preciado's aunt) - Mar 7 [4/15]; **Larry Mosser** (father of Eric) - March 5 [4/13]; **Kathryn Ann (Fedak) Hikes** (family of Rdr. Leo Leer) - Mar 4 [4/12]; **Faniel Tesfit** (nephew of Merhawi Tewoldemedhin) - Feb 19 [3/29]; **Joseph Myers** (nephew of Gregory Spear) - Feb 20 [3/30]; **Joseph "Moe" Mazurek**, Feb 11 [3/21];

ANNIVERSARIES OF DEPARTED: **Stephen Macut**, Mar 17 - 30th; **John Yerega**, uncle of Carl Hisiro, Mar 17 - 22nd; **Oliver (Gregory) Wendell Allen**, Mar 18 - 35th; **Stephen Kalenevitch**, father of Elaine, Mar 18 - 24th; **Egor Andreevich**, father of Erin Kostylev, Mar 18 - 22nd; **Ap. Victor Sokolov**, Mar 18 - 18th; **Protopresbyter Thomas Hopko**, Mar 18 - 9th; **Met. PHILIP**, -Mar 19 - 10th; **Ruth Ann Kushlan Waite**, Rdr James aunt, Mar 19-4th; **James Brown**, father of Andrew - Mar 19 - 8th; **Grace Dougherty Bent**, Suzanne Mioff's mother, Mar 20 - 33rd; **Ap. Peter Bourdokofsky**, Mar 20 - 19th; **Sophie Fatich**, sister of +Janet Kuzupas, Mar 22 - 18th; **Ap. Eugene Vansuch**, Mar 23 - 16th; **V. Rev. Fr. Alexander Atty**, Mar 23 - 10th; **Gebrekrstos (Gabe) Gebre**, Mar 23 - 8th;

AILING - PARISHIONERS: **Francis "Frank" Bifano** **FAMILY/FRIENDS:** **Dn. Geoffrey LoBalbo**; **Nancy** (friend of B. Keener); **Elena** (family friend of I. Pototska); **Judith & Alfred** (grandparents of J. McGee); **Ariadna** (Aunt of A. Preciado); **Galo** (C. Preciado's grandfather) **Samantha, Suzanne, & Natalie** (friend, family & godchild of E. Herman); **Michael** (father-in-law of C. Velott); **Fadia** (W. Botros' mother); **Blaise** (Nora & Jennifer's brother); **Lori** (sister-in-law of J. & N. Schilling); **David** (friend of C. Kemp); **Tais** (cousin of C. Kemp & L. Mantle & niece of D. Fedetz); **Gregory** (brother of K. Kuchwara); **Presbyteria**

Marina Lillian Thornburg (Nora's Goddaughter); **Lois** (mother of J. Dunnevant); **Reba** (mother of S. Africa & L. Files); **Walt & Jerry "David"** (friends of B. Keener); **Thalia, & Bonnie**, (aunt & cousin of Donna Bretz); **Barry** (L. Kalenevitch's brother); **Brandon** (family of J. Koach); **Dustin** (family of Rdr. Leo); **Child Julia; Melvin, & Frank** (D. Martins brother & friend); **Kay, Richard, & Anya** (aunt & friends of K. Leader); **Seraphima & John** (friend & brother of J. Barn's coworker); **Joyce** (mother of J. Reba); **Bob, Dennis Patrick** (nephew of D. Bupp); **Louise Bare**;); **Edward** (Fr. Timothy Hojnicky's father); **May** (cousin of E. Saraff); **Isabella; Christine Perrin; Melanie & Alex** (friend & uncle of C. Yerke); **Alexandra, & Tamara** (B. Kuchta's family); **Bp. Matthias Moriak; Adley** (child of N. Somple's friend); **Aiden** (nephew of S. Hanna); **Robin** (son-in-law of E. Files); **Fred** (cousin of the Kormushoff's); **Maria** (friend of the Cain's); **Grace** (D. Fedetz sister-in-law); **Tom** (friend of D. Bupp & Kushlans); **M. Olga Klembara** (Larissa & Anita's aunt); **Joan, & Kim** (friends of the J. & A. Cole); **Hannes & Anne** (family of R. Rieck); **Pastor Charles, Mary, Peter, & Edwin**, (family & friends of the Leer's); **Joanne, Owen, Paul, Steve, & Barry** (Hisiro family & friends); **John** (brother of J. Krut); **Pam, Dan & Nina** (friends of D. Bupp); **Igumen David (Lewis); Neal** (D. Pawlush's brother); **James** (brother of M. Koviloff); **Grace, Karen, Lois, & Rich** (J. Mamay's sisters & friends); **Joan Therese & Dori** (mother & niece of N. Lubecki & J. Lewis); **Lynn** (Himes daughter-in-law); **Deana & Kelly** (friends of DiFlorio's); **Shirley** (L. Pawlush's mother); **child Joshua; M. Lisa Weremedic** (wife of Fr. James); **Janice & Emil** (J. Zuro & G. Leer's aunt & uncle); **child Fynn; Patty** (friend of K. Pankiw); **Mitchel** (Jean Dotsey's nephew); **Linda** (M. Sharon's mother); **Ap. Michael & M. Valeria Hatrak; Jacob** (brother of Pat Drebot); **Wendy** (M. Deamer's mother); **Mona** (sister of Ab. Mark); **Mary** (mother of S. Kellachow); **Mary & Nicholas** (family & friends of the Kuchta's); **Victoria, Erin & David** (friends of L. Smith); **Flora** (I. Gault's mother); **Vera** (Ressetar's family); **Bernadine, Lonnie & Fred** (Osuch family); **Mike, Jessica's & their families; Jonathan, Paul, Adam, Bev, Alynda, Tina, Mark, Jenny, Marilyn, Alicia, Shelby, & Jim** (family & friends of the Kushlans); **Alexa, Thomas, Alexander, Anastasia, Saulo, Theodore** (Lopez friends & family);

HEALTH & WELL-BEING: Those suffering from natural disasters. All victims of Sickness, Terror, War, Violence, Racism, Injustice & Civil Strife; **Metropolitan Paul & Archbishop John of Aleppo** *held hostage by Syrian Terrorists, for the suffering people of Israel, Palestine, Ethiopia, Eritrea, Ukraine, Haiti & Afghanistan, especially our citizens & soldiers who are in harms way*; **PARISHIONERS:** **Sue Mioff; Elizabeth Kellachow; Jason Zeppuhar; Effie Spaseff; Kristen Hertzler; Kayli (Kalliopi) Mikita; Tenley Jo Zeppuhar; Ava Brown; Nektaria (Mariana) Cruz; Katherine Kuchwara; Frank Bifano; Michael Zuro; Bahliby Kidane; John Coles; Rebecca Brown; John Yerke; Elizabeth; Ann & Gerald Cole; M. Theodora Ressetar; Charlene Dardaris; Johnna; Terry Drebot; Lazarus & Samantha Lopez; Gail (Brigit) Goss; Mary Ellen Osuch; Natalie Treece; Evan M.; Tony Onufer; Ita (Stephanie) Snyder; John "Jack" Sweikert; Joseph Sembrot; Birikit & Hannah Zerat; Jeanne Zane; Katherine Kudelko; M. Ap. Daniel & M. Myra Kovalak; Lazarus (Jonathan) Dunnavent; Kathryn Kellachow; Sue Wolfe; Daniel Bretz; Robin Kuzupas; Larry Lewis** HOME-BOUND/CARE

FACILITIES: Nicholas Demopoulos; Millicent Russell; **EXPECTANT MOTHER(S):** Karin Smith; Luam Ghebregiorghis; Cathy Platt; Monica (Jekel) Chilbert; Chicory (Snyder) Biers; Brittany Kemp; *and the children to be born of them*; M. Tatiana Rutz; Elva Lubecki *and the children born of them* **COLLEGE STUDENTS:** Tseday Afrassa; Eden Araya; Adriel Armstrong; Olivia Drozd; Grace & Evelyn Firestine; Jacob Herman; Shawn Jacob; Sophia Kellachow; Rdr. Vladimir Kellachow; Faniel Kesete; Flimon Kesete; Matthew Mikita; Zachary Matthews; Otilia Murariu; Molly Pylypciw; Rachel Reba; John Romain; Melat Tesfay; Siem Tesfay; Sophia Vernak; Jessica Williams; Cassandra Zart; Ashley; David, Dave; Peter; Wessam; **MILITARY:** Alexander; Valery; Conrad; Shawn; Benjamin; Rdr. Vladimir; Abel; Jacob; Gabriel; Matthew; David; Michael; Peter; Sean; Ian, Zachary; Josiah; Evgeny (Owen) **FAMILY & FRIENDS:** Gage, Amanda, & Vanion (family fiends of N. Kennedy); Jeanne, Michael, John, & James (family of G. Spears); Noelle (daughter of J. Zane); Robert, Patricia & George (husband & parents of V. Baker); Michelle (friend of M. Reba); Maria (friend of M. Theodora); David (brother of Larissa & Anita); John, & Vera, (family of Libby); Shenia (sister of N. Schilling); Colton & Ron (cousins of Donna Bretz); Bill (C. Yerke's father); Jesse & Amelia (grandchildren of C. Dardaris); Christine (sister in law of the DiFlorio's); Steve G. (friend of J. McGreevy); Stacy & Mia (B. Keener's friends); Tony (K. Hertzler's husband); Ronald; Una; Jean & Robert (aunt & friend of Rdr. Leo); Anne (sister-in-law of R. Rieck); Mitchell, Deborah, Michael, Emily, Ezra (S. Kellachow's family); George, Matthew, Ed, George, & Terry (family & friends of J. Mamay); Kalei (family of K. Leader); Vicki, Ken, Ron, & Scott (friends of the Pankiw's); Jackie, Bruce, Shirley, Connie, Helen, Rob & Jody (family & friends of the Mallick's); Cindy, Michael, & Kyle, (friends of B. Lenker); M. Natasha Lazor, Cindy, & Linda, (friends of M. Myra); Rosalie; David & Dawn (cousins of Chet); Alexandra; Masha, Ethan & Wesley (M. Cameron's family/friend); Nancy & family (Snyder's friends); Emma, Jeremiah, Elliana, Timothy, Jessica, Noah, Georgia, Amelia, Edgar, Landon, Theodore, Sofia, Evangelia, Zoe, Ryan, Stacey, Bryan, Curt, Thomas, Andrew, Priest Demetrius Nicoloudakis, Megan, Jacob & family, Georgia, Maria, Blake, Keisha, Dimitrios, child Evangelia, Kyle, Martha, Nicholas, Jack, Samuel, Christian, Theodore, Steve, Juan, Isaac, Samuel, Faye, Jon, (family/friends of the Lopez's); **MISSIONARIES:** Jesse & Juanita Brandow (Guatemala); **SEMINARIANS:** Fr. Kyril & M. Olivia (*STS*); Fr. Seraphim & M. Elena Robertson *and* family (*STS*); Rdr. Nathan & Rebecca Jekel *and* family (*SVS*) **CATECHUMEN(S):** John Romain; Joseph Middelkoop; Rudelle Kerests; Daniel Nuemann; Chris Baird - Layla & Lyla Baird; Jeff & Karin Smith

MANY YEARS!

Please submit names and dates to office "at" ctsbbg.org

BIRTHDAYS: Daniel Nuemann - Mar 15; Milen Kebede - Mar 17; Grace Vernak - Mar 18; Eli Mioff - Mar 18; Noah Daniel Priestley - Mar 18; Zoe Vernak - Mar 20; Susan Dotsey - Mar 21; Marcus Chakot - Mar 21; Noah Goitmon - Mar 22; Joseph Russian - Mar 22; Melissa Hanna - Mar 22; Marina Cameron - Mar 23; Albert Fresco - Mar 23; Amelia Fresco - Mar 23; Samson Sarraf - Mar 23

CANDLE OFFERINGS

To donate, please see a vestryperson

