



Christ ^{the} Saviour Orthodox Church

Orthodox Church in America • Diocese of Eastern Pennsylvania

5501 Old Locust Lane, Harrisburg, PA 17109

WWW.CTSHBG.ORG • (717) 652-1825

Email - office "at" ctshbg.org

Archbishop Mark (Maymon), Hierarch Dn. John Shingara, Attached
V. Rev. Stephen Vernak, Pastor Rdr. Christopher Rakowski, Choir Director
Rt. Rev. Daniel Kovalak, Attached Dr. David Pawlush, Parish Council President
Rev. Aaron Rutz, Attached John Dotsey, Treasurer

Our "Why" - To experience and share Christ's love so that everyone we encounter finds healing, purpose, and eternal life.

If it is possible, as much as depends on you,
live peaceably with all men. *Romans 12:18*



Sunday March 26, 2023

**FOURTH SUNDAY OF LENT — Tone 8. Leave-taking of the Annunciation.
Synaxis of the Archangel Gabriel. St. John Climacus (of *The Ladder*).**

Schedule: **Hours – 9:10am; Divine Liturgy –9:30am;** Church School & Fellowship; Orthodoxy 101 –12:15pm; **Lenten Vespers –5pm @ We are Hosting!** Nut Roll & Pascha Bread orders DUE

Readers: 3rd Hour: **Kenneth Snyder** • 6th Hour: **Eleanor Herman**

Epistle: **John Constantine** • Post-Communion: **Ray Rieck**



Welcome to our Visitors!

Interested in learning more? Please visit our parish website
and email our priest, **Fr. Stephen Vernak**

Hymns & Readings

Troparion of the Resurrection, Tone VIII —

Thou didst descend from on high, O merciful One; Thou didst endure the three-day burial to free us from our sufferings; O Lord, our life, and resurrection, glory to Thee.

Troparion, Tone IV —

O arch-commander of the heavenly hosts, we, who are unworthy, forever, pray to thee: that, at thy prayers, thou encompass us with the wings of thine immaterial glory, preserving us that fall down before thee, and cry out aloud: 'Deliver us from harm, as thou art the leader of the powers on high'.

Glory to the Father, and to the Son, and to the Holy Spirit.

Kontakion of the Resurrection, Tone VIII —

By rising from the tomb, Thou didst raise the dead, and resurrect Adam; Eve exulteth in Thy resurrection; and the world celebrateth Thy rising-from-the-dead, O greatly-merciful One.

Now and ever, and unto ages of ages. Amen.

Kontakion, Tone VIII —

O victorious leader of triumphant hosts, we, thy servants, delivered from evil, sing our grateful thanks to thee, O Theotokos: as thou dost possess invincible might, set us free from every calamity; so that we may sing to thee: 'Rejoice, O unwedded Bride'.

Prokeimenon & Readings:

Tone 8: Pray and make your vows before the Lord, our God! (*Resurrection*)

Verse: In Judah God is known; His Name is great in Israel.

Tone 4: From day to day proclaim the salvation of our God! (*Feast*)

Epistle (*Hebrews 6:13-20*): Brethren, when God made a promise to Abraham, because He could swear by no one greater, He swore by Himself, ¹⁴saying, "Surely blessing I will bless you, and multiplying I will multiply you." ¹⁵And so, after he had patiently endured, he obtained the promise. ¹⁶For men indeed swear by the greater, and an oath for confirmation is for them an end of all dispute. ¹⁷Thus God, determining to show more abundantly to the heirs of promise the immutability of His counsel, confirmed it by an oath, ¹⁸that by two immutable things, in which it is impossible for God to lie, we might have strong consolation, who have fled for refuge to

lay hold of the hope set before us. ¹⁹ This hope we have as an anchor of the soul, both sure and steadfast, and which enters the Presence behind the veil, ²⁰ where the forerunner has entered for us, even Jesus, having become High Priest forever according to the order of Melchizedek.

Alleluia Verses

Come, let us rejoice in the Lord! Let us make a joyful noise to God our Savior!

Let us come before His face with thanksgiving; let us make a joyful noise to Him with songs of praise!

He descends like rain upon the fleece, like raindrops that water the earth.

Gospel (Mark 9:17-31) At that time, one of the crowd answered and said, "Teacher, I brought You my son, who has a mute spirit. ¹⁸ And wherever it seizes him, it throws him down; he foams at the mouth, gnashes his teeth, and becomes rigid. So I spoke to Your disciples, that they should cast it out, but they could not." ¹⁹ He answered him and said, "O faithless generation, how long shall I be with you? How long shall I bear with you? Bring him to Me." ²⁰ Then they brought him to Him. And when he saw Him, immediately the spirit convulsed him, and he fell on the ground and wallowed, foaming at the mouth. ²¹ So He asked his father, "How long has this been happening to him?" And he said, "From childhood. ²² And often he has thrown him both into the fire and into the water to destroy him. But if You can do anything, have compassion on us and help us." ²³ Jesus said to him, "If you can believe, all things are possible to him who believes." ²⁴ Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!" ²⁵ When Jesus saw that the people came running together, He rebuked the unclean spirit, saying to it, "Deaf and dumb spirit, I command you, come out of him and enter him no more!" ²⁶ Then the spirit cried out, convulsed him greatly, and came out of him. And he became as one dead, so that many said, "He is dead." ²⁷ But Jesus took him by the hand and lifted him up, and he arose. ²⁸ And when He had come into the house, His disciples asked Him privately, "Why could we not cast it out?" ²⁹ So He said to them, "This kind can come out by nothing but prayer and fasting." ³⁰ Then they departed from there and passed through Galilee, and He did not want anyone to know it. ³¹ For He taught His disciples and said to them, "The Son of Man is being betrayed into the hands of men, and they will kill Him. And after He is killed, He will rise the third day."

Upcoming Services & Events

Mar 27, Mon: OCCGH Board Meeting (at Holy Trinity) – 7pm

Mar 28, Tue: *Lenten Compline –6:30pm*; Adult Ed –7pm; ECM Mtg. – 8:15pm

Mar 29, Wed: Bible Study (zoom) - noon; *Canon of St. Andrew – 6:30pm*

Mar 31, Fri: Parish Work Day 12pm –3pm; *Akathist –6:30pm*

April 1, Sat: Parish Work Day 10am –2pm; 1st Confession Class – 4pm; Choir Rehearsal – 4pm; *Vespers – 5pm*; Life of St. Mary of Egypt & Confession

April 2, Sun: *ST. MARY OF EGYPT. Hours – 9:10am; Divine Liturgy –9:30am;*

Church School, Fellowship, Pascha Breads pick up & Nut Roll Prep; Orthodoxy 101 –12:15pm; *Lenten Vespers –5pm @ Holy Apostles, Mechanicsburg*

Readers: 3rd Hour: **Sophia Kellachow** • 6th Hour: **Rdr. James Kushlan**

Epistle: **Larry Smith** • *Post-Communion:* **Janice Zuro**

Parish News

Great Lent Feb 27 - April 16 (Pascha): The Church prescribes to abstain from all Meat, Dairy, & Fish. ☞ Fish is allowed on Annunciation (March 25) & Palm Sunday (April 9). Increase prayer, service attendance, & participate in confession & acts of mercy. **Questions? Please see Fr. Stephen**

With Gratitude: Effie Spaseff would like to thank the parish family for all the birthday wishes & cards. *It was truly appreciated!*

15 OT Readings (Youth): Seeking youth volunteers to read the at Vespertal Liturgy on Holy Saturday (April 15). Please encourage your children to participate and help pave the way to Pascha! Questions? Ask your child's teacher.

Grave Watch Vigil: Please see the parish email to sign up for 1 hour slots available to pray the Psalter & keep watch over the Tomb of Christ!

Pascha Decorated Candles: The sign up list is in the vestibule. Each decorated candle is **\$12 ea.** You may also email the office for your request @ office@CTSHBG.org.

Nut Roll & Pascha Bread News: TODAY is the last day to order both; for nut rolls contact Debbie Hisiro at & for Pascha Bread contact John Dotsey

- **Nut Roll Baking Schedule:** Help needed for Easter nut roll baking. Sunday, April 2 after Divine Liturgy - separate eggs. Tue, April 4 – baking 8am, bagging & clean-up 5pm. *On site training available!*
- **Pick-Up Dates for Nut Rolls & Bread:** Nut Rolls – Wed, Apr 5 & Fri, Apr 7 after services or Sun Apr 9 after Liturgy. Pascha Bread – Sun Apr 2nd after Liturgy.

Parish Work Days: **Fri, March 31** from 12pm -3pm & **Sat, April 1** from 10am - 2pm to prepare our buildings & grounds for Pascha! *More hands help lighten the load.* Contact **Jason Zeppuhar** if you are able to assist!

St. Jerome Book Club: Sun, April 23 @1:30pm to discuss *"Toolkit for Spiritual Growth"* by Fr. Armatas & it's available in the parish bookstore

Rebuilding Together: Sat, April 29 from 8am to 3pm, more details to come! Please visit <http://rtgh.org/> to learn more about this community service.

Parking Reminder: For those who are physically able, **please consider parking at the dentist office** on Sun to help alleviate congestion in our lots.

Time Sensitive Note: Pussy Willows are beginning to bloom, if you have plants on your property, please keep an eye on them & cut down some branches for our use on Palm Sunday.

7th Annual OCCGH Golf Tournament: Sat, July 8 with registration at 7:30am. The 4 person Scramble Play is \$300 per team. All golfers need to pre-register by July 6. Questions or if you would like to be a sponsor, please contact Carl Hisiro

SAVE the DATE: 60th anniversary celebration will be held on Sat, Oct 28

Fellowship Hours: The Men's Club will host Fellowship through out Great Lent. All proceeds will go to various non-profit organizations

Fellowship Teams: The Fellowship schedule for May-Sept is currently being set. If you have a team of 4 families who'd like to be scheduled together, please let Christine Velott know

Parish Prayer List

Names will be listed for 2 weeks unless requested.

NEWLY DEPARTED [40TH DAY]: Fr. Srboljub Jockovic – March 13 [4/21]; **Norman Vaughan** (friend of Josh DiFlorio) - Mar 8 [4/16]; **James Kuchwara** (cousin of Kathy) - March 4 [4/12]; **Fred Essis** - March 3 [4/11]; **Donna Essis –Danfora** - Feb 28 [4/8];

ANNIVERSARIES OF DEPARTED: **Mildred Belic**, aunt of the Klipa's, Mar 24 – 14th; **Paul Litiaho**, father of Nadzia Schilling, Mar 26 – 46th; **Ann Osacky**, Archbishop Job's mother. Mar 27 – 18th; **Gabriella Georgescu**, +Maria Vasilca's mother, Mar 27 – 6th; **Beverly Ruhi**, Pat Drebot's sister-in-law, Mar 27 – 4th; **Paul LaBar**, stepfather of Joan Dupkanick, Mar. 28 – 24th; **Ron Webb**, Mar 28 – 9th; **Jeffrey Miller**, brother of Heidi Kushlan, Mar 28 – 2nd; **Andrew Himes**, son of Kay & Gene, Mar 29 – 2nd; **Maria Paluch**, mother of John & Martin, Mar 29 – 18th; **Marilynn Leer**, aunt of Rdr. Leo, Mar 29 – 1st; **Jeanne Bruder**, sister of +Gloria Maliniak, Mar 30 – 22nd; **John Pusey**, M. Tatiana Kreta's brother-in-law, Mar 30 – 14th; **Olga Zuzulock**, stepmother of Kathy Pankiw, Mar 30 – 4th; **Patricia Hernjak**, cousin of the Klipa's, Mar 31 – 3rd; **V. Rev. Andrew Shuga**, father of Larissa & Anita Spaits, Mar 31 – 22nd; **Bernice Lewis**, aunt of Jerry Cole, Mar 31 – 12th; **Richard Kalenak**, brother of +Anna Doray, Mar 31 – 18th; **Nicholas Dupkanick**, father of Bill, Mar. 31 – 67th; **Anna Antonio**, Jim's mother, Apr 1 – 7th; **Paraskevia Latanishen**, grandmother of Bill Kuchta, Apr 1 -80th; **Eugene Yanikc**, brother-in-law of Bette Ann Slivka, Apr 1 – 1st;

AILING: PARISHIONERS: Millicent Russell; **FAMILY/FRIENDS:** Irene (sister of P. Hadginske); Tanya (niece of K. Kuchwara); Christine Perrin; Melanie & Alex (friend & uncle of C. Yerke); Melvin, Cathy (D. Martins brother & niece); Alexandra, Charles, Tamara (B. Kuchta's family); Daniel (brother of C. Neumann); Roger (friend of C. Kemp & B. Cain); Bp. Matthias Moriak; Adley (child of N. Somple's friend); Maggie & Dick (friends of the Klipa's); Aiden (nephew of S. Hanna); Robin (son-in-law of E. Files); Fred (cousin of the Kormushoff's); Jerry "David" & Dennie (friend & stepson of B. Keener); Maria (friend of the Cain's); Grace (D. Fedetz sister-in-law); Tom (friend of D. Bupp & Kushlans); M. Olga Klembara (Larissa & Anita's aunt); Carolyn (friend of C. Kemp); Charles, Sophia, & Ana (family & friends of C. Dardaris); Joan, Kim, & Gary (friends of the J. & A. Cole); Daria (friend of the Dotsey & Klipa families); Hannes & Anne (family of R. Rieck); Andrea (I. Arahavos's mother); Elaine (sister of S. Africa); Pastor Charles, Mary, Peter, & Edwin, (family & friends of the Leer's); Anu, Steve, & Barry (Hisiro family & friends); Elle (friend of J. McGreevy); John (brother of J. Krut); Pam, Dan & Nina (friends of D. Bupp); Colton & Gary (cousins of Donna Bretz); Alexsya & Cassie (family & friend of E. Herman); Igumen David (Lewis); Neal (D. Pawlush's brother); James (brother of M. Koviloff); Grace, Karen, Lois, & Rich (J. Mamay's sisters & friends); Joan Therese & Dori (mother & niece of N. Lubecki & J. Lewis); Lynn (Himes daughter-in-law); Kristin & Abe (family & friend of Dn. Peter); Shirley (L. Pawlush's mother); Sandy, Hailey, & Kelly (friends of DiFlorio's); child Joshua; M. Lisa Were-medie (wife of Fr. James); Janice & Emil (J. Zuro & G. Leer's aunt & uncle); child Fynn; Kay, Richard, & Anya (aunt & friends of K. Leader); Patty (friend of K. Pankiw); Mitchel (Jean Dotsey's nephew); Linda (M. Sharon's mother); Ap. Michael & M. Valeria Hatrak; Jacob (brother of Pat Drebot); Connie, Charlie, & Shirley (family & friends of Mallick's); Wendy (M. Deamer's mother);); Kim & Mona (sisters of Ab. Mark); Mary (mother of S. Kellachow); Mary & Nicholas (family & friends of the Kuchta's); Victoria, Erin & David (friends of L. Smith); Flora (T. Gault's mother); Vera (Ressetar's family); Bernadine, Lonnie & Fred (Osuch family); Mike, Jessica's & their families; Jon, Paul, Adam, Bev, Alynda, Tina, Jenny, Marilyn, Alicia, Shelby, & Jim (family & friends of the Kushlans); Seraphima (friend of J. Barns); James, his father, Thelma, Shari, Darrell, Justo, Alexa, Thomas, Leida, Jesus, Marsha, Alexander, Anastasia, John, Brian, Timothy, Jessica, Saulo, Theodore, & Tanya, (Lopez friends & family);

HEALTH & WELL-BEING: Those suffering from natural disasters. All victims of Sickness, Terror, War, Violence, Racism, Injustice & Civil Strife; Metropolitan Paul & Archbishop John of Aleppo held hostage by Syrian Terrorists, for the suffering people of Ethiopia, Eritrea, Ukraine, Haiti & Afghanistan, especially our citizens & soldiers who are in harms way; **PARISHIONERS:** M. Theodora Ressetar; Beth Lenker; Christina Klipa; Nadine Klipa; Gerald Cole; Charlene Dardaris; Johnna; Terry Drebot; Patricia Drebot; Lazarus (Manny) & Samantha Lopez; Frank Bifano; Gail (Brigit); Mary Ellen Osuch;

Glenn & Natalie Treece; Suzanne Demchak; Evan M.; Tony Onufer; Ita (Stephanie) Snyder; John "Jack" Sweikert; Joseph Sembrot; Birikit & Hannah Zerat; Jeanne Zane; Teklu & Pazion Ogbamichael; Katherine Kudelko; M. Ap. Daniel & M. Myra Kovalak; Joseph (Moe) & Ruth Mazurek; Lazarus (Jonathan) Dunnavent; Kathryn Kellachow; Sue Wolfe; Daniel Bretz; Robin Kuzupas HOME-BOUND & IN-CARE FACILITIES: Michael Drozd; Rita; Nicholas Demopoulos; Millicent Russell; EXPECTANT MOTHER(S): Natalie Kennedy; Lisa Fedetz, *and the children to be born of them*; Jessica Priestley *and the child born of her*; ECM Cohort: Emmanuel Maginas (coach) Jaclynn Choma, Symeon Jekel, Sophia Kellachow, Lydia Mantle & Fr. Stephen Vernak; COLLEGE STUDENTS: Tseday Afrassa; Semhar Anghesom, Eden Araya, David, Amelia Demopoulos; Grace & Evelyn Firestine; Jacob Herman; Shawn Jacob; Rdr. Vladimir Kellachow; Megan Kenny; Flimon Kesete; Salina Kidane; Matthew Mikita; Zachary Matthews; Molly Pylypciw; Rachel Reba; John Romain; Ashley; Dave; Peter; Wessam; Jessica Williams MILITARY: Alexander; Valery; Conrad; Shawn; Benjamin; Rdr. Vladimir; Abel; Jacob; Gabriel; Stephanie; Matthew; David; Michael; Peter; Sean; Ian, Zachary; Josiah; Owen FAMILY & FRIENDS: Stacy & Mia (B. Keeners friend); Ian (brother of N. Murphy); Vera, Stan, Joe & Kandi (family & friends of Libby); Tony (K. Hertzler's husband); Ronald; Una; Amy (co-worker of B. Kuchta); Shawn (friend of Dn. Peter); Jean & Robert (aunt & friend of Rdr. Leo); Anne (sister-in-law of R. Rieck); Mitchell, Deborah, Michael, Emily, Ezra (S. Kellachow's family); George, Matthew, Ed & George (family & friend of J. Mamay); Kalei (family of K. Leader); Steve (friend of Johnna M.); Vicki, Ken, Ron, & Scott (friends of the Pankiw's); Jeanette, Scott, Helen, Ethan, Mitch, Rob, Jody, Jackie, & Bruce, (family & friends of the Mallick's); Pastora, Kyle, Steve, Joseph & Scott, (friends of the Lenker's); M. Natasha Lazor, Cindy, Linda, & Vera, (friends of M. Myra); Rosalie; David & Dawn (cousins of Chet); Alexandra; Masha, Ethan & Wesley (M. Cameron's family/friend); Nancy & family (Snyder's friends); Thomas, Andrew, Priest Demetrius Nicoloudakis, Megan, Jacob & family, Georgia, Maria, Blake, Keisha, Dimitrios, child Evangelia, Kyle, Martha, Emma, Nicholas, Jack, Samuel, Christian, Theodore, Steve, John, Alexandra, Juan, Isaac, Daniel, Judy, Luke, Johnny, Leticia, Jim, Paul, Samuel, Faye, Jon, child Landon (family/friends of the Lopez's); Dorothy, Shirley & family, Nathan; Jeff, Greg, & William (family & friends of J. Barns); MISSIONARIES: Jesse & Juanita Bradow (Guatemala); SEMINARIANS: (St. Tikhon's) Fr. Nathan & M. Katharine Clausen - *Micaiah, Evangeline, Gideon, Zacharias, Ignatius, & Basil*; (St. Vladimir's) Fr. John & M. Alexandra Black *Evyn, Lydia, Joshua, & Noah* CATECHUMEN(S): John Romain; Joseph Middelkoop; Jeanne Kormushoff; Henry Laskowski; William Kenny; Dana Kenny; Vincent, Natalie, & Annika Kennedy; Gregory Spear; Mariana Cruz; Owen & Jessica Williams



Many Years!

Please submit names and dates to office "at" ctshbg.org

Anniversaries: David & Jennifer Knox – Mar 30;

Birthdays: David (DJ) Pawlush – Mar 26; Douglas Cain – Mar 27; Sean Cameron – Mar 27; Natalia Seewald – Mar 28; Bette Ann Slivka – Mar 29; George Paul Priestley – Mar 30; Gebretinsae Gidey – Apr 1; Elizabeth Kellachow – Apr 1;

Engagement Announcement: Grace Firestine & Jeff Antosh

Candle Offering

To donate, please see a vestryperson



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