



Christ ^{the} Saviour Orthodox Church

Orthodox America (OCA) • Diocese of Eastern Pennsylvania

5501 Old Locust Lane, Harrisburg, PA 17109

(717) 652-1825 • office "at" ctshbg.org

WWW.CTSHBG.ORG

Archbishop Mark (Maymon), Hierarch Dn. Peter (Scott) Staller, Attached
V. Rev. Stephen Vernak, Pastor Dn. John Shingara, Attached
Rt. Rev. Daniel Kovalak, Attached Rdr. Christopher Rakowski, Choir Director
Mark Yerke, Parish Council President Sbdn. Andrew Katerman, Treasurer

But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law. *Galatians 5:22-23*

Sunday March 20, 2022

SECOND SUNDAY OF LENT — Tone 6. St. Gregory Palamas. Synaxis of the Venerable Fathers of the Kiev Caves Lavra. The Holy Fathers who were slain at the Monastery of St. Savva: Ven. John, Sergius, Patrick, & others. Monastic Martyr Euphrosynus of Sinozérsrk. Martyr Photinē, the Samaritan woman, & her sons: Martyrs Victor & Joses, & two others. Virgin Martyrs Alexandra, Claudia, Euphrasia, Matrona, Juliana, Euphemia & Theodosia, of Amisus. St. Nikētas the Confessor, Archbishop of Apollonias in Bithynia.

Schedule: **Hours - 9:10am; Divine Liturgy – 9:30am;** Church School & Fellowship, *following*; Orthodoxy 101 – 12:30pm; **Lenten Vespers – 5pm** at St. Nicholas Serbian Orthodox Church, Oberlin/Steelton

Readers: 3rd Hour: **Sophia Kellachow** 6th Hour: **Jennifer Lewis**

Epistle: **Adam Priestley** • Post-Communion: **Mary White**

Welcome to our Visitors!

Interested in learning more? Please visit our parish website and email our priest, **Fr. Stephen Vernak**

Hymns & Readings

Troparion of the Resurrection, Tone VI —

The angelic powers were at Thy tomb; the guards became as dead men: Mary stood by Thy grave, seeking Thy most-pure body; Thou didst capture hell, not being tempted by it: Thou didst come to the Virgin, granting life; O Lord, Who didst rise from the dead, glory to Thee.

Troparion, Tone VIII —

O Gregory the wonder-worker, light of Orthodoxy, support and teacher of the Church, glory of monks, and invincible protector of theologians, pride of Thessalonica, and preacher of grace, pray, without ceasing, for the salvation of our souls.

Glory to the Father, and to the Son, and to the Holy Spirit.

Kontakion, Tone VIII —

Holy and divine instrument of wisdom, joyful trumpet of theology, with one accord, we sing thy praises, O Gregory inspired by God: but, since thou standest, now, in mind and spirit, before the original mind, guide our minds to Him, O father, that we may cry to thee: 'Hail, preacher of grace'.

Now and ever, and unto ages of ages. Amen.

Kontakion, Tone IV —

The season of the virtues, now, hath come; and the judge is at the door; let us not hold back with darkened face; but let us keep the fast, offering tears, contrition, and almsgiving; and let us cry: 'Our sins are more in number than the sand of the sea; but, deliverer of all, forgive each one of us, that we may receive an incorruptible crown'.

Prokeimenon & Readings:

Tone 5: Thou, O Lord, shalt protect us / and preserve us from this generation forever.

Verse: Save me, O Lord, for there is no longer any that is godly!

Tone 1: My mouth shall speak wisdom; / the meditation of my heart shall be understanding. (*St. Gregory Palamas*)

Epistle: (*Hebrews 1:10-2:3*) *Brethren, it is written* "You, LORD, in the beginning laid the foundation of the earth, And the heavens are the work of Your hands. ¹¹They will perish, but You remain; And they will all grow old like a garment; ¹²Like a cloak You will fold them up, And they

will be changed. But You are the same, And Your years will not fail.”

¹³ But to which of the angels has He ever said: “Sit at My right hand, Till I make Your enemies Your footstool”? ¹⁴ Are they not all ministering spirits sent forth to minister for those who will inherit salvation? ¹ Therefore we must give the more earnest heed to the things we have heard, lest we drift away. ² For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward, ³ how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard *Him!*

Alleluia Verses:

He who dwelleth in the shelter of the Most High will abide in the shadow of the heavenly God.

He will say to the Lord: “My Protector and my Refuge; my God, in Whom I trust.”

The mouth of the righteous shall meditate wisdom, and his tongue shall speak of judgment.

Gospel: *(Mark 2:1-12)* At that time, Jesus entered Capernaum after some days, and it was heard that He was in the house. ² Immediately many gathered together, so that there was no longer room to receive *them*, not even near the door. And He preached the word to them. ³ Then they came to Him, bringing a paralytic who was carried by four *men*. ⁴ And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying. ⁵ When Jesus saw their faith, He said to the paralytic, “Son, your sins are forgiven you.” ⁶ And some of the scribes were sitting there and reasoning in their hearts, ⁷ “Why does this *Man* speak blasphemies like this? Who can forgive sins but God alone?” ⁸ But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, “Why do you reason about these things in your hearts? ⁹ Which is easier, to say to the paralytic, ‘Your sins are forgiven you,’ or to say, ‘Arise, take up your bed and walk’? ¹⁰ But that you may know that the Son of Man has power on earth to forgive sins”—He said to the paralytic, ¹¹ “I say to you, arise, take up your bed, and go to your house.” ¹² Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, “We never saw *anything* like this!”

Upcoming Services & Events

Mar 21, Mon: Movie Night "Man of God" - 7pm at Regal Harrisburg

Mar 22, Tue: *Compline* – 6:30pm; Great Lent Adult Ed: Topic: "Prayer" with Mother Christophora - 7pm

Mar 23, Wed: Bible Study – noon; *Pre-Sanctified Liturgy* – 6:30pm; Lenten Pot luck, *following*

Mar 25, Fri: ☩ ANNUNCIATION. *Vespereal Liturgy* – 6:30pm Lenten Pot luck,

Mar 26, Sat: *Vespers* – 5pm; Confession, *following*

Mar 27, Sun: VEN. PRECIOUS CROSS. *Hours* - 9:10am; *Divine Liturgy* – 9:30am; Church School & Fellowship, *following*; Orthodoxy 101 – 12:30pm; Youth Group (meet at Downtown Daily Bread) from 1-3pm; *Lenten Vespers* – 5pm
We are hosting! Guest Homilist: Fr. Andrew Damick

Readers: 3rd Hour: **M. Hilarene Staller** 6th Hour: **Mary White**

Epistle: **Nicholas Zuro** • *Post-Communion:* **Larry Smith**

NOTE: Nut Rolls & Pascha Bread orders DUE

Parish News

Notes from parish council: Donation to International Orthodox Christian Charity (IOCC) Ukraine Crisis Response Fund. Parishioners are also encouraged to make donations through IOCC; Donation to Holy Transfiguration Monastery in gratitude for Mother Christophora coming to speak at our parish; In 2022 we will make monthly donations to Orthodox Christian Mission Center (OCMC) Guatemala missionaries Jesse & Juanita Brandow and Support a Mission Priest (SAMP) program; Youth group will now meet from 12:30 to 2:30 pm the last Sunday of the month; Look for a parish poll asking about the best time to hold Pascha services

Great Lent Adult Ed: Tuesdays at 7pm (*Compline at 6:30pm*) will continue through April 5. See the parish email/calendar for more information.

Parish Only – Nut Rolls/Pascha Bread: Order for your friends & family! No public orders. All rolls & breads orders are due by **Sunday, Mar 27.**

- **Nut, poppy, & apricot rolls** - \$15 ea. Contact Debbie Hisiro, 717-903-8604 or email at dhisiro@verizon.net. Pick up is **Sun, April 10.**
- **Pascha Breads** - \$5 for plain and \$6 for raisin. Contact John Dotsey, 717-566-0395 or email at johnandjeandotsey@verizon.net. Pick up is **Sun, April 3.**

Rebuilding Together – SAVE the DATE: **Sat, April 30.** Help a local family in need by assisting in home repairs. **More details forthcoming later this month.** To learn more visit <http://rtgh.org/>

SAVE the DATE: 6th Annual OCCGH Golf Tournament will be held on **Sat, July 9** at Eagles Crossing Golf Course in Carlisle - 4 person Scramble Play with Team & Skill Prizes plus a Sirloin Steak & Beer Buffet. \$280 per team. RSVPs are due by **July 7**.

Fellowship Hours: The Men's Club will host fellowship until Pascha.

Parish Prayer List

Names will be listed for 2 weeks unless requested.

NEWLY DEPARTED [40TH DAY]: **Patricia Donovan** (Dotty Fedetz's friend) - March 15; **Christine Ghareeb** (M. Myra's friend) - March 3 [4/12]; **Jacqui Rieck** (Ray's niece) - March 2 [4/11]; **Christian Kinkel** (uncle of Heidi Kushlan) - Mar 2 [4/11]; **Daniel Milstein** (Ethan Mandel's cousin) - Feb 24 [4/4]; **John McGreevy** (Evan & Johnna's father) - Feb 22 [4/2]; **Joseph Baldowski** (friend of M. Theodora) - Feb 21 [4/1]; **Mildred Metesky** (cousin of M. Theodora) - Feb 16 [3/27]; **Ferdinand Gewiss** (Pricopi's father) - Feb 12 [3/23]; **Louise Demchak** (sister-in-law of Suzanne) - Feb 12 [3/23]; **Richard Altieri** (nephew of Dotty Fedetz) - Feb 10 [3/21];

ANNIVERSARIES OF DEPARTED: **James Brown**, father of Andrew, Mar 19 - 6th; **Grace Dougherty Bent**, Suzanne Mioff's mother, Mar 20 - 31st; **Ap. Peter Bourdokofsky**, Mar 20 - 17th; **George S. Klipa**, Mar 22 - 23rd; **Sophie Fatich**, sister of +Janet Kuzupas, Mar 22 - 16th; **Ap. Eugene Vansuch**, Mar 23 - 14th; **V. Rev. Fr. Alexander Atty**, Mar 23 - 8th; **Gebrekristos (Gabe) Gebre**, Mar 23 - 6th; **June Taleff**, Mar 24 - 5th; **Joseph Hand**, father of Joan Dupkanick, Mar. 24 - 54th; **Martha Rapso**, cousin of M. Theodora, Mar 24 - 3rd; **George Spaseff**, husband of Effie, Mar 25 - 41st; **Mildred Belic**, aunt of the Klipa's, Mar 24 - 13th; **Paul Litiaho**, father of Nadzia Schilling, Mar 26 - 45th;

AILING: **Ab. Paul of Chicago**; ***PARISHIONERS:*** **Terry Drebot** ***FAMILY/FRIENDS:*** **Betty** (Ethan Mandel's grandmother); **Gary, Alice, & Peter** (cousins of Rdr. Leo); **Dennie** (B. Keener's stepson); **Shaun** (brother of L. Desautels); **Gary** (friend of the J. & A. Cole); **Daria** (friend of the Dotsey & Klipa families); **Hannes, Anne & Elizabeth** (brother & family of R. Rieck); **Robert** (cousin of John Dotsey); **Andrea** (I. Arahavos's mother); **Eugene, Patty, & Frank** (family & friends of B. Brown); **Elaine** (sister of S. Africa); **Barry, Edwin, Phillip, Connie, & Daniel** (family & friends of the Leer's); **Barry, Trish, Pam, Danielle, & Morgan** (Hisiro family & friends); **Elle** (friend of J. McGreevy); **John** (brother of J. Krut); **Pam, Dan & Nina** (friends of D. Bupp); **Gary & Peggy** (cousin & friend of Donna Bretz); **Alexsya, Suzanne, Gemma**, (E. Herman's niece/godchild, family & friend); **Erma** (friend of N. Murphy); **Igumen David (Lewis)**; **Neal** (D. Pawlush's brother); **James** (brother of M.

Koviloff); **Betty & Bill** (J. Mamay's friends); **Joan Therese & Dori** (mother & niece of N. Lubecki & J. Lewis); **Lori** (Z. Bares mother); **Alex** (uncle of C. Yerke); **Lynn** (Himes daughter-in-law); **Kristin & Abe** (family & friend of Dn. Peter); **Shirley** (L. Pawlush's mother); **Sandy, Hailey, & Kelly** (friends of Di-Florio's);); **child Joshua**; **Sandy, Sue & Doreen** (E. Bare's friend & family); **M. Lisa Weremedic** (wife of Fr. James); **Janice & Emil** (J. Zuro & G. Leer's aunt & uncle); **child Fynn**; **Kay, Richard, & Anya** (aunt & friends of K. Leader); **Patty** (friend of K. Pankiw); **Mitchel** (Jean Dotsey's nephew); **Linda** (M. Sharon's mother); **Ap. Michael & M. Valeria Hatrak**; **Jeanette** (daughter of +E. Onufer); **Jacob** (brother of Pat Drebot); **Mandi, Connie, Charlie, Myrna & Shirley** (family & friends of Mallick's); **Wendy** (M. Deamer's mother);); **Kim & Mona** (sisters of Ab. Mark); **David** (friend of L. DiClemente); **Brandon & Pam** (friends of C. Neumann); **Mary** (mother of S. Kellachow); **Mary & Nicholas** (family & friends of the Kuchta's); **Carole**; **Fern** (Dn. Peter's mother); **Grace & Karen** (J. Mamay's sisters); **Victoria, Erin & David** (friends of L. Smith); **M. Emily** (Larissa & Anita's aunt); **Karenmay** (friend of L. Mantle); **child Aura** (friend of D. Zullo); **Steven** (J. Hake's father); **child Eva**; **Lori & Constantine** (Z. Bare's mother & family friend); **Flora** (T. Gault's mother); **Grace** (sister-in-law of D. Fedetz); **Vera** (Ressetar's family); **Elizabeth**; **Cassandra & Peter** (friends of L. Shuga); **Bernadine, Lonnie & Fred** (Osuch family); **Charlie, Abuit, Paul, Adam, Bev, Alynda, Tina, Jenny, Marilyn, Jan, Alicia, Shelby, & Malinda** (family & friends of the Kushlans); **Seraphima** (friend of J. Barns); **Thelma, Shari, Norman, Darrell, Justo, Alexa, Thomas, Leida, Jesus, Marsha, Alexander, Anastasia, John, Brian, Timothy, Jessica, Saulo, Theodore, & Tanya**, (Lopez friends & family); **Joseph** (S. Demchak's brother);

HEALTH & WELL-BEING: Those suffering from natural disasters. All victims of Sickness, Terror, War, Violence, Racism, Injustice & Civil Strife; **Metropolitan Paul & Archbishop John of Aleppo** held hostage by Syrian Terrorists, for the suffering people of Ukraine, Haiti and Afghanistan, especially our citizens and soldiers who are in harms way; **PARISHIONERS:** **Thomas Drebot**; **Robert Baker**; **Eleanor Herman**; **Louise Bare**; **Gail & David Goss**; **Mary Ellen Osuch**; **Natalie Treece**; **Suzanne Demchak**; **Evan M.**; **Tony Onufer**; **Ita (Stephanie) Snyder**; **M. Theodora Ressetar**; **John "Jack" Sweikert**; **Joseph Sembrot**; **Birikit & Hannah Zerat**; **Jeanne Zane**; **Teklu Ogbami-chael**; **Katherine Kudelko**; **M. Ap. Daniel & M. Myra Kovalak**; **Joseph (Moe) & Ruth Mazurek**; **Lazarus (Jonathan) Dunnavent**; **Kathryn Kellachow**; **Sue Wolfe**; **Daniel Bretz**; **Robin Kuzupas** **HOME-BOUND & IN-CARE FACILITIES:** **Michael Drozd**; **Carol**; **Rita**; **Nicholas Demopoulos**; **Nicholas Essis**; **Millicent Russell**; **EXPECTANT MOTHER(S):** **Jeanette Boca**; **Gabrielle (Kushlan) Russin**; **Tishna Fedetz**; **Brooke Jones**; **Elva Lubecki**; **Chicory**

(Snyder) Biers; *and the children to be born of them*; **COLLEGE STUDENTS:** Tseday Afrassa; Semhar Anghesom, Eden Araya, David, Amelia Demopoulos; Grace Firestine; Taylor Gladys, George Hatalowich, Jacob Herman; Shawn Jacob; Rdr. Vladimir Kellachow; Flimon Kesete; Matthew Mikita; Sammy & Salina Kidane; Alexander Lamb; Timothy Monko, Molly Pylypciw; Ashley; Dave; Peter; Wessam; **MILITARY:** Conrad; Shawn; Benjamin; Rdr. Vladimir; Abel; Jacob; Gabriel; Stephanie; Matthew; David; Michael; Peter; Sean; Ian, Zachary; Josiah; **FAMILY & FRIENDS:** Ap. John & Mat. Stephanie Onofrey; Joe & Lucy (Deb McGinnes's husband & granddaughter); Stacey (B. Keeners friend); Anne (sister-in-law of R. Rieck); Jesse Hake; George, Nancy, & Paul (father & friends of V. Baker); Mitchell, Deborah, Michael, Emily, Ezra (S. Kellachow's family); George & Matthew (family of J. Mamay); Ap. Victor Gorodenchuk (doctorate defense); Ray (friend of M.E. Osuch & C. Kemp); Kalei (family of K. Leader); Steve (friend of Johnna M.); Janice (S. Jekel's mother); Vicki, Ken, & Scott (friends of the Pankiw's); Dan (K. Taleff's son-in-law); Samantha (Somple's daughter); Annie & Devon (daughters of the Africa's); Deb (sister of Donna Bretz); Elaine (Rdr. Leo & Garnice's daughter); Helen, Ethan, Mitch, Rob, Jody, Jackie, & Bruce, (family & friends of the Mallick's); Ronald; April & Joseph (family of L. Hancher); Cindy, Gary & Paul (friends of the Lenker's); Iryna (Snyder family); M. Natasha Lazor, Cindy, & Stella "Linda" (M. Myra's friends); Mary & Judy (Rdr. L. Leer's cousins); Ron (friend of K. Pankiw); Vasiliki; Heather (sister of S. Cameron); Shenia (sister of N. Schilling); Rosalie; David & Dawn (cousins of Chet); Alexandra; Masha, Ethan & Wesley (M. Cameron's family/friend); Pauline (friend of E. Bare); Nancy & family (Snyder's friends); Thomas, Andrew, Priest Demetrius Nicoloudakis, Megan, Jacob & family, Georgia, Maria, Blake, Keisha, Dimitrios, child Evangelia, Kyle, Martha, Emma, Nicholas, Jack, Samuel, Christian, Theodore, Steve, John, Alexandra, Juan, Isaac, Daniel, Judy, Luke, Johnny, Leticia, Jim, Paul, Samuel, Faye, Jon, child Landon (family/friends of the Lopez's); Christine (M. Gopinath's aunt); Natalie (E. Herman's godchild); Dorothy, Shirley & family, Nathan; Jeff, Greg, David & William (family & friends of J. Barns); Nancy (John & Chris Cole's mother); Marc & Cecilia (L. Smith's cousins); **MISSIONARIES:** Jesse & Juanita Brandow (Guatemala); **SEMINARIANS:** (St. Vladimir's) Dn. John & M. Alexandra Black - Evyn, Lydia, Joshua, & Noah (St. Tikhon's) Rdr. Thomas & Lydia Given - Magdalena & Dominic; **CATECHUMEN(S):** John Romain; Joseph Middelkoop; Isaiah Kerstetter

Many Years!

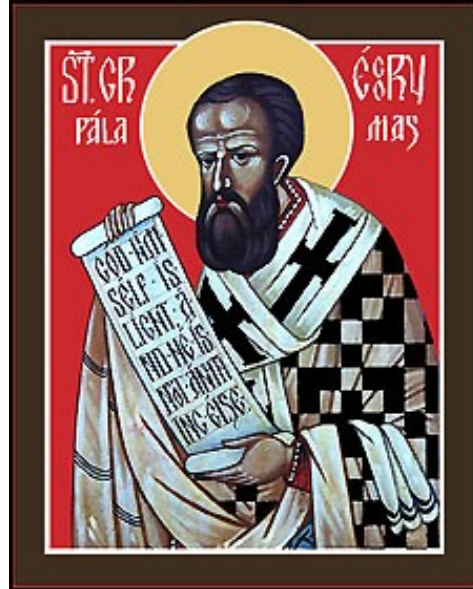
Please submit names and dates to office@ctshbg.org

BIRTHDAYS: Zoe Vernak – Mar 20; Susan Dotsey – Mar 21; Marcus Chakot – Mar 21; Noah Goitmon – Mar 22; Joseph Russian – Mar 22; Melissa Hanna – Mar 22; Marina Cameron – Mar 23; Kaylee Schofield – Mar 24; Dorothy Fedetz – Mar 25; David (DJ) Pawlush – Mar 26;

Candle Offering

To donate, please see a vestryperson

7 Day Votive is offered in Health & Salvation of **Dotty Fedetz**, from her niece Cathi Kemp



But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law. (Galatians 5:22-23)