



Christ ^{the} Saviour Orthodox Church

Orthodox America (OCA) • Diocese of Eastern Pennsylvania

5501 Old Locust Lane, Harrisburg, PA 17109

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Archbishop MARK (Maymon), *Hierarch*

Rt. Rev. Daniel Ressetar, Emeritus

Dn. Peter (Scott) Staller, Attached

Mark Yerke, Parish Council President

V. Rev. Stephen Vernak, *Pastor*

V. Rev. Daniel Kovalak, Attached

Dn. John Shingara, Attached

John Dotsey, Treasurer

*For God has not given us a spirit of fear, but of
power and of love, and of a sound mind. 2 Timothy 1:7*

Sunday March 15, 2020

SECOND SUNDAY OF LENT — Tone 6. St. Gregory Palamas. Synaxis of the Venerable Fathers of the Kiev Caves Lavra. Martyrs Agapius & the Seven with him. Martyr Nicander of Egypt.

Schedule: **Hours – 9:10am; Divine Liturgy – 9:30am;**

3rd Hour: **Rdr. Leo Leer** 6th Hour: **Rdr. Matthew Lubecki**

Epistle: **Adam Priestley** • Post-Communion: **Jennifer Lewis**

W elcome to our Visitors!

Please join us for fellowship in the **parish hall** after the service. ***Interested in learning more?*** Please ask to speak to our priest, **Fr. Stephen Vernak**.

- **Note:** Holy Communion (Eucharist) is reserved for Orthodox Christians who have prepared themselves through prayer, fasting and recent confession.

Hymns & Readings

Troparion of the Resurrection, Tone VI —

The angelic powers were at Thy tomb; the guards became as dead men: Mary stood by Thy grave, seeking Thy most pure body; Thou didst capture hell, not being tempted by it: Thou didst come to the Virgin, granting life; O Lord, Who didst rise from the dead, glory to Thee.

Troparion, Tone VIII —

O Gregory the wonder-worker, light of Orthodoxy, support and teacher of the Church, glory of monks, and invincible protector of theologians, pride of Thessalonica, and preacher of grace, pray, without ceasing, for the salvation of our souls.

Glory to the Father, and to the Son, and to the Holy Spirit.

Kontakion, Tone VIII —

Holy and divine instrument of wisdom, joyful trumpet of theology, with one accord, we sing thy praises, O Gregory inspired by God: but, since thou standest, now, in mind and spirit, before the original mind, guide our minds to Him, O father, that we may cry to thee: "Hail, preacher of grace."

Now and ever, and unto ages of ages. Amen.

Kontakion, Tone IV —

The season of the virtues, now, hath come; and the judge is at the door; let us not hold back with darkened face; but let us keep the fast, offering tears, contrition, and almsgiving; and let us cry: "Our sins are more in number than the sand of the sea; but, deliverer of all, forgive each one of us, that we may receive an incorruptible crown."

Prokeimenon & Readings:

Tone 5: Thou, O Lord, shalt protect us and preserve us from this generation forever.

Verse: Save me, O Lord, for there is no longer any that is godly!

Tone 1: My mouth shall speak wisdom, and the meditation of my heart shall be understanding. (*St. Gregory Palamas*)

Epistle: (*Hebrews 1:10-2:3*) "You, LORD, in the beginning laid the foundation of the earth, And the heavens are the work of Your hands. They will perish, but You remain; And they will all grow old like a garment; Like a cloak You will fold them up, And they will be changed. But You are the same, And Your years will not fail." But to which of the angels has He ever said: "Sit at My right hand, Till I make Your enemies Your footstool"? Are they not all ministering spirits sent forth to minister for those who will inherit salvation? Therefore we must give the more earnest heed to the things we have heard, lest we drift away. For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward, how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard *Him*."

Alleluia Verses:

He who dwelleth in the shelter of the Most High will abide in the shadow of the heavenly God.

He will say to the Lord: "My Protector and my Refuge; my God, in Whom I trust."

The mouth of the righteous shall meditate wisdom, and his tongue shall speak of judgment.

Gospel: (Mark 2:1-12) *At that time, Jesus entered Capernaum after some days, and it was heard that He was in the house. Immediately many gathered together, so that there was no longer room to receive them, not even near the door. And He preached the word to them. Then they came to Him, bringing a paralytic who was carried by four men. And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying. When Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven you." And some of the scribes were sitting there and reasoning in their hearts, Why does this Man speak blasphemies like this? Who can forgive sins but God alone?" But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, "Why do you reason about these things in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven you,' or to say, 'Arise, take up your bed and walk'? But that you may know that the Son of Man has power on earth to forgive sins"—He said to the paralytic, "I say to you, arise, take up your bed, and go to your house." Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, "We never saw anything like this!"*



Upcoming Services & Events

NOTE: *All non-Liturgical events (i.e. Fellowship, Education Ministries, etc. are postponed until further notice due to COVID 19 concerns*

Mar 18 Wed: *Joint Pre-Sanctified Liturgy – 6:30pm;*

Mar 19, Thu: Parish Council Meeting (online) – 6:30pm

Mar 21, Sat: *Vespers-5pm*

Mar 22, Sun: **PRECIOUS CROSS. Hours & Ordinations** (Andrew Katerman & Vladimir Kellachow) – **9:10am; Divine Liturgy – 9:30am w/Ap. MARK;**

3rd Hour: **Lydia Mantle** 6th Hour: **Eleanor Herman**

Epistle: **Vladimir Kellachow** • Post-Communion: **Rdr. Matthew Lubecki**

Parish News

Coronavirus: Our community will continue to monitor and take appropriate measures based upon any Church and government mandates. We will serve Liturgical (most) services, but all other events are temporarily cancelled.

- **Note:** If you (or a family member) are ill, please stay home. If you are in a high risk group, please stay home. Continue to pray for those affected, and those who are treating them; as well as those researching a vaccine, and developing/distributing testing.

Pussy willows: Should be blooming soon, be sure to cut branches, and bundle together for our celebration of Palm Sunday (April 12th).

- **Please bring to the church between April 5-11**

Lunch Bunch: scheduled for **Thurs, March 19th** is cancelled.

Easter Nut Roll Sale: Orders are now being taking for nut, poppy seed & apricot rolls. The price is \$14 & all orders due by **Sunday, March 22**. To order, call Jean Dotsey at 717-566-0395.

Nut Roll Baking Dates (tentative):

- Mon, March 30, Separate eggs @ 9:00am
- Tue, March 31, Baking @ 8:00am, Bagging @ 5:00pm
- Wed, April 1, Baking @ 8:00am, Bagging @ 5:00pm
- Sat, April 4, Clean-up from 9-noon.

Pysanky Workshop: Scheduled **Sat, March 28th** is cancelled.

Lenten Adult Ed. Series: *Bread for the Journey, Prayer, Fasting, Confession & the Eucharist* is Cancelled; however we will look for a way to offer some educational opportunities online.

St. Tikhon Mission Choir Visit: **Sat, April 4-Sun, April 5 (tentative).** *Note:* There will be a FREE WILL offering at the end of Liturgy! *We are seeking (4) four host families to each house a pair of seminarians (2) from Sat. evening until Sun. morning.*

Iconography Blessing & Celebration will be held on **Sat, May 2nd**. Divine Liturgy @9:30am & Banquet @ 12pm Best Western Premier. See Lydia Mantle, Mary White, or Fr. Stephen with any questions.

SIGHT & SOUND THEATER: The "O" Club is organizing a parish outing to see the production, QUEEN ESTHER, on Thur., May 7, at 7 p.m. Sign-up

sheets by the candle stand or the hall Tickets: \$59 for adults & teens; \$34 for ages 3 -12. Questions? See the Dupkanick's or John Dotsey.

Vestry Youth Mentoring Program: For more info, please see Mark Rodak.

Mar 15:	Sophia Vernak	Cassandra Zart
Mar 22:	Ben Zart	Zoe Vernak
Mar 29:	Sophia Vernak	Cassandra Zart

Last Sunday's Attendance: 161

Events Around our Community

Penn State Mini Thon: **Cassandra Zart** is part of her high school Mini Thon Fundraising Committee. Visit <https://tinyurl.com/vjvuntb> to make an online donation or see Cassandra. Her goal is \$250.00 by April 18th.

OCMC Missions: Is looking for laborers to go into the world & the Mission Teams 2020 will serve in *Alaska, Albania, Colombia, Ghana, Guatemala, Indonesia & Kenya*. For more information please visit www.OCMC.org. More info is also in the hall.

Facing Forward: An Ancient Faith Conference for the Second Half of Life: **May 28th thru 31st** @Antiochian Village, Bolivar, PA. For more information, visit ancientfaith.com/events or see the flyer posted in the hall/vestibule.

St. Tikhon's Summer Camp: July 5th –11th. Registration deadline is **June 6th** & forms can be found @ www.sttikhonscamp.org. Any questions please contact camp directors @ 570-493-0108 or info "at" **sttikhonscamp.org**

4th Annual OCCGH Golf Tournament: Will be held on **Sat., July 11th** @ Eagles Crossing Golf Course, Carlisle, PA. The 4 person scramble play is \$280 per team. The pre-registration deadline is **July 7th**. Questions? Contact our event chairman Carl Hisiro @ 717-903-2711 or **chisiro "at" verizon.net**

Volunteers needed: For the Bethesda Women's Shelter Lunch, to volunteer please contact Joanne Wevodau at **jwevodau "at" verizon.net**

Men's Retreat (2020): Will be held Aug 20th—23rd of 2020 at the Antiochian Village. Questions? See flyer at the hall.

Panera Volunteers: Any one interested in learning more please see **Sophia Kellachow**.

Parish Prayer List

Names will be listed for 2 weeks unless requested.

NEWLY DEPARTED [40TH DAY]: Joan Renninger (friend of Kathy Kuchwara) Mar 2 [4/10]; **Dorothy Smith** (Great-grandmother of Zach Bare) - Feb 23 [4/2]; **George Mavromatis** (uncle of Samantha Lopez) Feb 9 [3/19]; **M. Olga Kudrikoff** - Feb 7 [3/17];

ANNIVERSARIES OF DEPARTED: Edna Shuler, grandmother of Peter Taleff, Mar 15 – 35th; **Sue Mandell**, Mar 15 – 21st; **Dorothy Cassel**, Mar 15 -27th; **John Paraschak**, Dotty Fedetz's brother-in-law, Mar 16 -10th; **Met. LAURUS**, Mar 16 -12th; **Harold Johnson**, Hatti Kaznowsky's brother, Mar 16 -12th; **Joseph Smart**, father of Jo-Ann Nesko, Mar 16 – 26th; **Thomas Karins**, step-father of Candi Ressetar, Mar 16 – 14th; **Ann Hribovski**, Mar 16 – 4th; **Chris Kidane Dayer** –Mar 16 – 2nd; **Stephen Macut**, Mar 17 – 26th; **John Yerega**, uncle of Carl Hisiro, Mar 17 -18th; **Oliver (Gregory) Wendell Allen**, Mar 18 – 31st; **Stephen Kalenevitch**, father of Elaine, Mar 18 – 20th; **Egor Andreevich**, father of Erin Kostylev, Mar 18 – 18th; **Archpriest Victor Sokolov**, Mar 18 – 14th; **Fr. Thomas Hopko**, Mar 18 - 5th; **Met. PHILIP** - Mar 19 – 6th; **Grace Dougherty Bent**, Suzanne Mioff's mother, Mar 20 – 29th; **Archpriest Peter Bourdokofsky**, Mar 20 -15th;

AILING: PARISHIONERS: Temesgen Kidane; **Michael Ivanoff**; **John “Jack” Sweikert** **FAMILY/FRIENDS:** Jeanette (daughter of Evelyn Onufer); **Jacob** (brother of Pat Drebot); **M. Emilia Burns**; **child Cedric** (family friend of D. Cain); **Karen** (Fr. Michael Shepherd's mother); **Connie, Charlie, & Ken** (friends of Mallick's); **Doyle** (L. Mantle's father-in-law); **Wendy** (Matt Deamer's mother); **Janet** (friend of D. Fedetz); **Mona** (sister of Ab. Mark); **Robert** (friend of C. Bucharew); **David** (friend of L. DiClemente); **Kay, Richard, & Anya** (aunt & friends of K. Leader); **Michael** (B. Drozd father); **Brandon & Pam** (friends of C. Neumann); **John & Mary** (stepdad & mother of S. Kellachow); **Alissa**; **Catherine**; **Andrew, Maureen, Mary, Joanne, Roger, & John** (family & friends of the Kuchta's); **Annie** (daughter of the Africa's); **Carole**; **Hailey** (friend of DiFlorio's); **Fern** (Dn. Peter's mother); **Beth** (daughter of J. Wevodau); **Kim & Susan** (friends of D. Bupp); **Grace** (J. Mamay's sister); **Maria** (Worley's friend) **Ap. Dennis & Diane Buck**; **Erin & David** (friends of L. Smith); **Linda** (J. Africa's sister); **Paul** (J. Osuch's brother); **Pavlina** (friend of B. Slivka); **M. Emily** (Larissa & Anita's aunt); **Karenmay** (friend of L. Mantle); **child Aura** (friend of D. Zullo); **Steven** (J. Hake's father); **child Eva**; **Jerry** (friend of D. Cain); **Lori & Constantine** (Z. Bare's mother & family friend); **Chad** (brother-in-law of J. McClure); **Flora** (T. Gault's mother); **Linda, Christine, & Cynthia** (friends of M. Myra); **Grace** (sister-in-law of D. Fedetz); **Wiera, Vera** (Fr. Dan R's cousin & sister); **Elizabeth**; **Cassandra & Peter** (friends of L. Shuga); **Kelly & Linda** (friends of A. DiFlorio); **Gemma, Clarence, Alexia & Marie** (E. Herman's family & friend); **Bernadine, Lonnie & Fred**

(Osuch family); **Barry, Edwin, Phillip, Connie, & Daniel** (family & friends of the Leer's); **Beverly, Alem, Lyndy, Jennifer, Paul, Lydia, Marilyn, & Kristina**, (family & friends of the Kushlans); **Ron** (family of K. Pankiw); **Seraphima** (friend of J. Barns); **Deanna, John, Brian, Timothy, Jessica, Saulo, Theodore, & Tanya**, (Lopez friends & family); **Steven, Patti, Paul, Evelyn, & Becky**, (D.Hisiro's family & friends); **Joseph & Louise** (S Demchak's brother & sister-in-law);

HEALTH & WELL-BEING: All victims of Terror, War, Violence, & Civil Strife; **Metropolitan Paul & Archbishop John of Aleppo** *held hostage by Syrian Terrorists*; **PARISHIONERS:** **Kathy Kuchwara** [traveling]; **Una McManus**; **Rebecca Jekel**; **Katherine Kudelko**; **BetteAnn Slivka**; **Evelyn Onufer**; **Kristen Hertzler**; **Samantha Lopez**; **Kathy Pankiw**; **Ap. Daniel & M. Myra Kovalak**; **Lazarus (Manny) Lopez**; **Joseph (Moe) & Ruth Mazurek**; **Lazarus (Jonathan) Dunnavent**; **Ann Cole**; **Sean Cameron**; **Loretta Ivanoff**; **Andrea (Ivanoff) Worley**; **John & Mary Ellen Osuch**; **Kathryn Kellachow**; **Sue Wolfe**; **Daniel Bretz**; **Robin Kuzupas**. **HOME-BOUND & IN-CARE FACILITIES:** **Carol**; **Rita** ; **Nicholas Demopoulos**; **Nicholas Essis**; **Pauline Fecho**; **Joan Homa**; **William Kantor**; **Janet Kuzupas**; **Gloria Maliniak**; **Millicent Russell**; **EXPECTANT MOTHER(S):** **Skye (Hisiro) Deiter**; **Chicory Biers**; *and the children to be born of them*; **COLLEGE STUDENTS:** **Tseday Afrassa**; **Semhar Anghe-som**, **Eden Araya**, **Amelia & Maria Demopoulos**; **Grace Firestine**; **Taylor Gladys**, **Michelle Gopinath**; **George Hatalowich**, **Paige & Wade Hisiro**; **Shawn Jacob**; **Sophia & Vladimer Kellachow**; **Bahliby, Sammy, & Salina Kidane**; **Alexander & Drake Lamb**; **Joseph Martin**, **Evan & Johnna McGreevy**, **Timothy Monko**, **Otilia Murariu**, **Sophia Ressetar**, **Nicole & Shane Staller**, **Melissa Zuro**; **Ashley**; **Dave**; **Wessam**; **MILITARY:** **Patrick**; **Gabriel**; **Dimitrios**; **Stephanie**; **Matthew**; **David**; **Michael**; **Peter**; **Russell**, **Sean**, **Ian**, **Zachary**, **Josiah**; **FAMILY & FRIENDS:** **Chip** (friend of M. Yerke); **Heather** (sister of S. Cameron); **Shenia** (sister of N. Schilling); **Martha** (aunt of A. Cole); **Frank** (uncle of U. McManus); **Eva & Donna** (friends of the Kuchta's); **Rosalie**; **David & Dawn** (cousins of Chet); **Ronald**; **Alexandra**; **Masha, Ethan & Wesley** (M. Cameron's family/friend); **Pauline, Robert** (friend & uncle of E. Bare); **Nancy & family** (Snyder's friends); **Kristina**; **Terri & Charlie** (E. Herman's friends); **child Evangelia**, **Martha**, **David**, **Emma**, **Nicholas**, **Theodore**, **Steve**, **John**, **Alexandra**, **Juan**, **Isaac**, **Daniel**, **Judy**, **Luke**, (family/friends of the Lopez's); **George (Leavitt)**; **Christine** (M. Gopinath's aunt); **Natalie** (E. Herman's family); **Christine** (sister of P. Taleff); **Dorothy, Shirley & family**, **Nathan**; **Jeff**, **Greg**, **David & William** (family & friends of J. Barns); **Nancy** (John & Chris Cole's mother); **Ben & Amanda** (S. Marasco's children); **Marc & Cecilia** (L. Smith's cousins); **SEMINARY FAMILIES:** **Rdr. James**, **Elizabeth (Alison) Latimer Madeleine**, **Winifred**, **& Clement**; **Fr. Vjekoslav**, **M. Dragana Jovicic Miladan & Teodora** **CATECHUMEN(S):** **John Romain**; **Fred Heim-baugh & Dorothy Durst**, **Gabriel**, **Sophia**, **Payton**, **& Emma**; **Ethan Mandel & Annie**; **Judith Mamay**; **Timothy Marasco**; **[newborn] Miles Dupkanick**



Many Years!

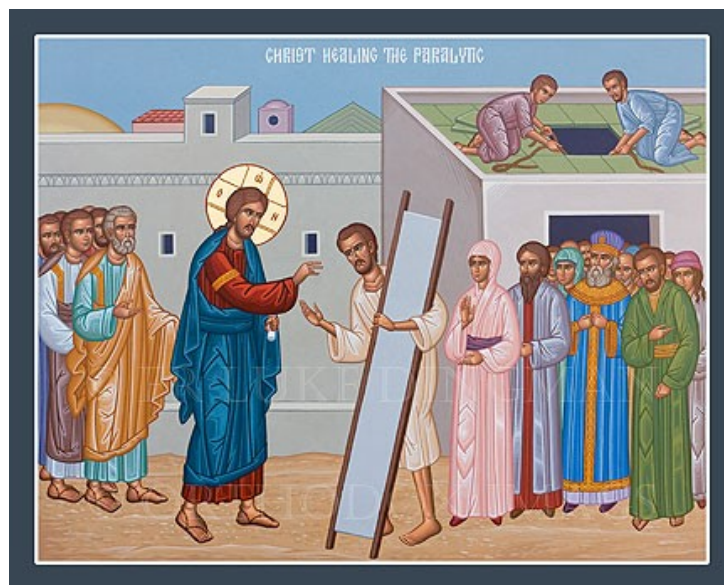
Please submit names and dates to office "at" ctshbg.org

BIRTHDAYS: John Osuch – Mar 17; Grace Vernak – Mar 18; Eli Mioff – Mar 18; Zoe Vernak – Mar 20; Susan Dotsey – Mar 21;

Candle Offerings

To donate, please speak with one of the vestrypersons

7 Day Votive is offered in Memory of **Shirl Dixon**, family friend of the Bare family



For God has not given us a spirit of fear, but of power and of love, and of a sound mind. 2 Timothy 1:7