



Christ ^{the} Saviour Orthodox Church

Orthodox America (OCA) • Diocese of Eastern Pennsylvania
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Archbishop MARK (Maymon), *Hierarch* **V. Rev. Stephen Vernak**, *Pastor*
Rt. Rev. Daniel Ressetar, Emeritus *V. Rev. Daniel Kovalak, Attached*
Dn. Peter (Scott) Staller, Attached *Dn. John Shingara, Attached*
Mark Yerke, Parish Council President *John Dotsey, Treasurer*

*For God has not given us a spirit of fear, but of
power and of love, and of a sound mind. 2 Timothy 1:7*

Sunday March 1, 2020

SUNDAY OF CHEESEFARE — Tone 4. The Expulsion of Adam & Eve from Paradise. Martyr Eudoxia of Heliopolis. Martyr Antonina of Nicæa.

Schedule: **Hours - 9:10am; Divine Liturgy & Forgiveness Vespers – 9:30am;**

Fellowship, following

3rd Hour: **Nathan Zacarelli** 6th Hour: **Kaylee Schofield**

Epistle: **Manny Lopez** • Post-Communion: **Rdr. Leo Leer**

Welcome to our Visitors!

Please join us for fellowship in the **parish hall** after the service. **Interested in learning more?** Please ask to speak to our priest, **Fr. Stephen Vernak**.

- Note: Holy Communion (Eucharist) is reserved for Orthodox Christians who have prepared themselves through prayer, fasting and recent confession.

Hymns & Readings

Troparion of the Resurrection, Tone IV —

When the women disciples of the Lord learnt, from the angel, the joyous message of Thy resurrection, they cast away the ancestral curse, and elatedly told the apostles: “Death is overthrown; Christ God is risen, granting the world great mercy.”

*Glory to the Father, and to the Son, and to the Holy Spirit.
Now and ever, and unto ages of ages. Amen.*

Kontakion, Tone VI —

Guide to wisdom, giver of prudence, instructor of the thoughtless, and protector of the poor, establish and grant understanding to my heart, O Master: give Thou me words, O Word of the Father; for, see, I shall not keep my lips from crying to Thee: “O merciful one, have mercy on me, the fallen.”

Prokeimenon & Readings:

Tone 8: Pray and make your vows / before the Lord, our God!

Verse: In Judah God is known; His name is great in Israel.

Epistle: (Romans 13:11-14:4) Brethren, it is high time to awake out of sleep; for now our salvation is nearer than when we *first* believed.¹² The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light.¹³ Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy.¹⁴ But put on the Lord Jesus Christ, and make no provision for the flesh, to *fulfill its* lusts.¹⁴ Receive one who is weak in the faith, *but* not to disputes over doubtful things.² For one believes he may eat all things, but he who is weak eats *only* vegetables.³ Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him.⁴ Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

Alleluia Verses:

It is good to give thanks to the Lord, to sing praises to Thy Name, O Most High.

To declare Thy mercy in the morning, and Thy truth by night.

Gospel: (*Matthew 6:14-21*) *The Lord said: "If you forgive men their trespasses, your heavenly Father will also forgive you. ¹⁵ But if you do not forgive men their trespasses, neither will your Father forgive your trespasses. ¹⁶ "Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. ¹⁷ But you, when you fast, anoint your head and wash your face, ¹⁸ so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly. ¹⁹ "Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; ²⁰ but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. ²¹ For where your treasure is, there your heart will be also."*



Upcoming Services & Events

BEGINNING OF GREAT LENT

- Mar 2, Mon:** *Canon of St. Andrew – 6:30pm*
- Mar 3, Tue:** Bible Study (33 N 2nd St) - 12pm; *Canon of St. Andrew – 6:30pm*
- Mar 4 Wed:** *Canon of St. Andrew – 6:30pm*
- Mar 5, Thu:** *Canon of St. Andrew – 6:30pm*
- Mar 6, Fri:** *Pre-Sanctified Liturgy (St. Theodore) – 6:30pm; Potluck, following*
- Mar 7, Sat:** **ST. THEODORE SATURDAY. *Triumph of Orthodoxy Vespers @ St. Nicholas, Oberlin PA; Meal, following***
- Mar 8, Sun:** **SUNDAY OF ORTHODOXY. *Hours – 9:10am; Divine Liturgy – 9:30am; Church School & Fellowship, following; Orthodoxy 101 – 12:30pm***
3rd Hour: **Larry Smith** 6th Hour: **Michelle Gopinath**
Epistle: **Rdr. James Kushlan** • Post-Communion: **Sophia Kellachow**

Parish News

Spring Forward Next **Sunday, March 8th** Daylight Saving Time begins. Don't forget to turn your clocks forward one hour & change the batteries in your smoke/carbon detectors'!

Triumph of Orthodoxy Vespers: **Sat, March 7th @ 5pm** with a meal to follow at St. Nicholas, Oberlin, PA. Come & celebrate with our sister churches!

Pussy willows: Should be blooming soon, be sure to cut branches, and bundle together for our celebration of Palm Sunday (April 12th).

- **Please bring to the church between April 5-11.**

Vestry Volunteers: Please contact **Mark Rodak** if you are interested in helping with vestry duties (candles, collection, ushering, etc.) during the Divine Liturgy. **Vestry is OPEN to non-Parish Council members.**

Easter Nut Roll Sale: Orders are now being taking for nut, poppy seed & apricot rolls. The price is \$14 & all orders due by **Sunday, March 22**. To order, call Jean Dotsey at 717-566-0395.

Nut Roll Baking Dates:

- Mon, March 30, -Separate eggs @ 9:00am
- Tue, March 31, Baking @ 8:00am, Bagging @ 5:00pm
- Wed, April 1, Baking @ 8:00am, Bagging @ 5:00pm
- Sat, April 4, Clean-up from 9-noon.

Great Lent Prayer Buddy: Don't forget to pick up your Prayer Buddy's name. They are located in the vestibule.

Pysanky Workshop: Will be held on **Sat, March 28th from 12 - 2pm**. The class is limited to 24 students (ages 12 +) - beginners are welcome! A \$10 donation is suggested to cover the cost of supplies. Email **Denny Bupp @ dbupp4840@comcast.net** to reserve your spot!

Decorated Candles: Reminder - there will be NO decorated candle requests during Great Lent. You can donate a beeswax candle or the 7 day votive.

Lenten Adult Ed. Series: *Bread for the Journey, Prayer, Fasting, Confession & the Eucharist*. Will be held on **Tuesdays March 10th, 17th, 24th & 31st**. Lenten Compline will be at 6:30pm. Invite your friends & family!

Iconography Blessing & Celebration will be held on **Sat, May 2nd**. Divine Liturgy @9:30am & Banquet @ 12pm Best Western Premier. See Lydia Mantle, Mary White, or Fr. Stephen with any questions. **Please visit the table at fellowship!**

SIGHT & SOUND THEATER: The "O" Club is organizing a parish outing to see the biblical production, QUEEN ESTHER, on Thursday, May 7, at 7 p.m. Sign-up sheets are by the candle stand or the hall bulletin board. Tickets are \$59 for adults & teens; \$34 for children ages 3-12. For questions, see the Dupkanick's or John Dotsey.

Vestry Youth Mentoring Program: For more info, please see Mark Rodak.

Mar 1:	Sophia Vernak	Cassandra Zart
Mar 8:	Ben Zart	Zoe Vernak
Mar 15:	Sophia Vernak	Cassandra Zart

St. Mary's Altar Guild Fellowship: Parishioners are asked to help by bringing at least 48 during their assigned fellowship hour. ***Please observe a "strict fast" (no meat or dairy products) during the fasting seasons.** If you are unable to be at church on your scheduled date please contact **Nadzia Schilling** at **717-652-2759**

Mar 1:	M. Myra Kovalak	Natalie Seewald	Martha Rakowski
Mar 8*:		Men's Club Soup Sale	

Last Sunday's Attendance: 214

Events Around our Community

Facing Forward: An Ancient Faith Conference for the Second Half of Life: **May 28th thru 31st** @Antiochian Village, Bolivar, PA. For more information, visit ancientfaith.com/events or see the flyer posted in the hall/vestibule.

St. Tikhon's Summer Camp: July 5th –11th. Registration deadline is **June 6th** & forms can be found @ www.sttikhonscamp.org. Any questions please contact camp directors @ 570-493-0108 or info@sttikhonscamp.org

4th Annual OCCGH Golf Tournament: Will be held on **Sat., July 11th** @ Eagles Crossing Golf Course, Carlisle, PA. The 4 person scramble play is \$280 per team. The pre-registration deadline is **July 7th**. Questions? Contact our event chairman Carl Hisiro @ 717-903-2711 or chisiro@verizon.net.

Volunteers needed: For the Bethesda Women's Shelter Lunch on **Sat, March 14 from 10am to 1pm**. Volunteers will prepare and serve lunch as well as organize donations. If you are able to volunteer, please contact Joanne Wevodau at jwevodau@verizon.net or 717-580-4833

Men's Retreat (2020): Will be held Aug 20th—23rd of 2020 at the Antiochian Village. Questions? See flyer at the hall.

Panera Volunteers: Any one interested in learning more please see **Sophia Kellachow**.

Parish Prayer List

Names will be listed for 2 weeks unless requested.

NEWLY DEPARTED [40TH DAY]: Dorothy Smith (Great-grandmother of Zach Bare) - Feb 23 [4/2]; **George Mavromatis** (uncle of Samantha Lopez) Feb 9 [3/19]; **M. Olga Kudrikoff** - Feb 7 [3/17];

ANNIVERSARIES OF DEPARTED: Priest **Matthew Baker**, Mar 1 – 5th; **Fr. Mark Kosev**, Mar 1 – 9th; **Cynthia Ann Mihut**, Mar 1 -23rd; **Paula Shadle**, sister of Dan Bretz, Mar 1 – 1st; **Helen Umphred**, grandmother of Larissa Shuga & Anita Spaits, Mar 2 – 4th; **Mary Book**, Joanne Coles mother, Mar 3 - 9th; **Jack Dakas**, Mike Zuro's uncle, Mar 3 -12th; **Jane Boddorf**, aunt of Deb Hisi-ro, Mar 4 – 1st; **Najib Ayoub**, Haitham's father, Mar 4-9th; **Dr. Alexander Pianovich**, Mar 3 -10th; **Diane Tahansky**, Mariah Schware Leader's mother, Mar 5 -10th; **Jifna Creznic**, Mar 5 – 39th; **Dn. Robert "Bob" Kuchta**, Mar 5 – 4th; **Julia Brelinsky**, Sonya Miele's mother, March 6 -10th; **Catherin Martins**, Mar 6 -24th; **Eva Kessock**, aunt of Elizabeth Howe, Mar 6 – 8th; **Joseph Martin**, father of Dave, Mar 6 – 17th; **Mary Kasabo Kalenevitch**, mother of Elaine, Mar 7 – 16th;

AILING: PARISHIONERS: Michael Ivanoff; John "Jack" Sweikert **FAMILY/FRIENDS:** M. Emilia Burns; child Cedric (family friend of D. Cain); Karen (Fr. Michael Shepherd's mother); **Connie, Charlie, & Ken** (friends of Mallick's); **Doyle** (Lydia Mantle's father-in-law); **Wendy** (Matt Deamer's mother); **Richard** (friend of C. Kemp); **Janet** (friend of D. Fedetz); **Joan** (friend of K. Kuchwara); **Mona** (sister of Ab. Mark); **Robert** (friend of C. Bucharew); **David** (friend of L. DiClemente); **Kay, Richard, & Anya** (aunt & friends of K. Leader); **Michael** (B. Drozd father); **Brandon & Pam** (friends of C. Neumann); **John & Mary** (stepdad & mother of S. Kellachow); **Alissa; Catherine; Andrew, Maureen, Mary, Joanne, Roger, & John** (family & friends of the Kuchta's); **Annie** (daughter of the Africa's); **Carole; Hailey** (friend of DiFlorio's); **Fern** (Dn. Peter's mother); **Beth** (daughter of J. Wevodau); **Kim & Susan** (friends of D. Bupp); **Grace** (J. Mamay's sister); **Maria** (Worley's friend) **Ap. Dennis & Diane Buck; Erin & David** (friends of L. Smith); **Linda** (J. Africa's sister); **Paul** (J. Osuch's brother); **Pavlina** (friend of B. Slivka); **M. Emily** (Larissa & Anita's aunt); **Karenmay** (friend of L. Mantle); **child Aura** (friend of D. Zullo); **Steven** (J. Hake's father); **child Eva; Jerry** (friend of D. Cain); **Lori & Constantine** (Z. Bare's mother & family friend); **Chad** (brother-in-law of J. McClure); **Flora** (T. Gault's mother); **Linda, Christine, & Cynthia** (friends of M. Myra); **Grace** (sister-in-law of D. Fedetz); **Wiera, Vera** (Fr. Dan R's cousin & sister); **Elizabeth; Cassandra & Peter** (friends of L. Shuga); **Kelly & Linda** (friends of A. DiFlorio); **Gemma, Clarence, Alexia & Marie** (E. Herman's family & friend); **Bernadine, Lonnie & Fred** (Osuch family); **Barry, Edwin, Phillip, Connie, &**

Daniel (family & friends of the Leer's); Beverly, Alem, Lyndy, Jennifer, Paul, Lydia, Marilyn, & Kristina, (family & friends of the Kushlans); Ron (family of K. Pankiw); Seraphima (friend of J. Barns); Deanna, John, Brian, Timothy, Jessica, Saulo, Theodore, Tanya, & Rita (Lopez friends & family); Steven, Patti, Paul, Evelyn, & Becky, (D. Hisiro's family & friends); Joseph & Louise (S Demchak's brother & sister-in-law);

HEALTH & WELL-BEING: All victims of Terror, War, Violence, & Civil Strife; Metropolitan Paul & Archbishop John of Aleppo *held hostage by Syrian Terrorists*; **PARISHIONERS:** Una McManus; Rebecca Jekel; Katherine Kudelko; BetteAnn Slivka; Evelyn Onufer; Kristen Hertzler; Samantha Lopez; Kathy Pankiw; Ap. Daniel & M. Myra Kovalak; Lazarus (Manny) Lopez; Joseph (Moe) & Ruth Mazurek; Lazarus (Jonathan) Dunnavent; Ann Cole; Sean Cameron; Loretta Ivanoff; Andrea (Ivanoff) Worley; John & Mary Ellen Osuch; Kathryn Kellachow; Sue Wolfe; Daniel Bretz; Robin Kuzupas. **HOME-BOUND & IN-CARE FACILITIES:** Nicholas Demopoulos; Nicholas Essis; Pauline Fecho; Joan Homa; William Kantor; Janet Kuzupas; Gloria Maliniak; Millicent Russell; **EXPECTANT MOTHER(S):** Skye (Hisiro) Deiter; Chicory Biers; *and the children to be born of them*; **COLLEGE STUDENTS:** Tse-day Afrassa; Semhar Anghesom, Eden Araya, Amelia & Maria Demopoulos; Grace Firestine; Taylor Gladys, Michelle Gopinath; George Hatalowich, Paige & Wade Hisiro; Shawn Jacob; Sophia & Vladimer Kellachow; Bahliby, Sammy, & Salina Kidane; Alexander & Drake Lamb; Joseph Martin, Evan & Johnna McGreevy, Timothy Monko, Otilia Murariu, Sophia Ressetar, Nicole & Shane Staller, Melissa Zuro; Ashley; Dave; Wessam; **MILITARY:** Patrick; Gabriel; Dimitrios; Stephanie; Matthew; David; Michael; Peter; Russell, Sean, Ian, Zachary, Josiah; **FAMILY & FRIENDS:**); Shenia (sister of N. Schilling); Martha (aunt of A. Cole); Frank (uncle of U. McManus); Eva & Donna (friends of the Kuchta's); Rosalie; David & Dawn (cousins of Chet); Ronald; Alexandra; Masha, Ethan & Wesley (M. Cameron's family/friend); Pauline, Robert (friend & uncle of E. Bare); Nancy & family (Snyder's friends); Kristina; Terri & Charlie (E. Herman's friends); child Evangelia, Martha, David, Emma, Nicholas, Theodore, Steve, John, Alexandra, Juan, Isaac, Daniel, Judy, Luke, (family/friends of the Lopez's); George (Leavitt); Christine (M. Gopinath's aunt); Natalie (E. Herman's family); Christine (sister of P. Taleff); Dorothy, Shirley & family, Nathan; Jeff, Greg, David & William (family & friends of J. Barns); Nancy (John & Chris Cole's mother); Ben & Amanda (S. Marasco's children); Marc & Cecilia (L. Smith's cousins); **SEMINARY FAMILIES:** Rdr. James, Elizabeth (Alison) Latimer Madeleine, Winifred, & Clement; Fr. Vjekoslav, M. Dragana Jovicic Miladan & Teodora **CATECHUMEN(S):** John Romain; Fred Heimbaugh & Dorothy Durst, Gabriel, Sophia, Payton, & Emma; Ethan Mandel & Annie; Judith Mamay; Timothy Marasco; [newborn] Miles Dupkanick

Many Years!

Please submit names and dates to office "at" ctshbg.org

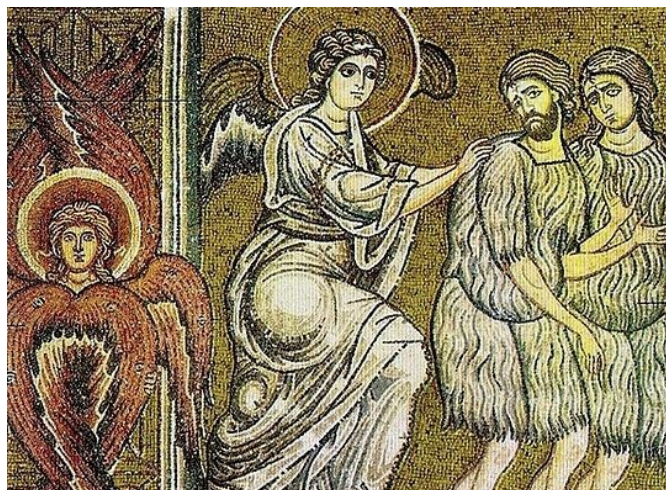
ANNIVERSARIES: Kesete & Luula Embaye – Mar 3; Ken & Stephanie Snyder – Mar 7;

BIRTHDAYS: Sophia Paone – Mar 1; M. Laura Schmidt – Mar 2; Azmera Negash – Mar 3; Mariah Schware Leader – Mar 4; Effie Spaseff – Mar 5; Nicholas Ressetar – Mar 7;

Candle Offerings

To donate, please speak with one of the vestrypersons

7 Day Votive is offered in Memory of **Joseph Bell**, uncle of Michelle Gopinath



For God has not given us a spirit of fear, but of power and of love, and of a sound mind. 2 Timothy 1:7